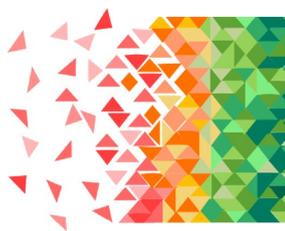


Issue 8

03 February 2020



ReCAPS

SUPPORT AFTER STROKE

Welcome to the first ReCAPS newsletter of 2020

We hope that you and your families have not been affected by the devastating bushfires.

With the start of a new year we look forward to having 13 sites up and running, governance approvals pending. The goal for February is to double the current recruitment rate!

Breaking News!

Join us in extending a warm welcome to Carol Castillejo, Angela Firtko and their team at Liverpool Hospital, NSW who have become the latest site to join the ReCAPS Collaborative.

Congratulations to Sunshine Coast who have just received their governance approval. We are looking forward to getting our first new team of 2020 initiated!

We welcome two new members to the ReCAPS team who will complete outcome assessments:

- ◆ Verena Schadewaldt
- ◆ Sue Mosley

Hospital	Dec & Jan Totals
Monash Health	9
Peninsula Health	3
Eastern Health	0
Austin Health	0
Royal Prince Alfred	0
Alfred Health	0
Phase III Total since August	16
Target	890

ReCAPS Clinician Newsletter

MONASH UNIVERSITY

Monash Health has started 2020 recruitment rate at a rapid pace with Bronwyn Coulton recruiting 9 participants in the past few weeks. An amazing achievement in such a short space of time, and during a very busy time of year. We are delighted to be kept busy setting up tailored messages for the new ReCAPS participants.

Another great win has been the utilisation of the REDCap "import function" by Bronwyn. This enables the automatic upload of her screening data for all ineligible patients. Using the secure SEND-IT feature data can be transported safely so that it can be prepared for direct import into REDCap. This saves the need for duplicate data entry. If this process might be useful for you please let us know.



MONASH
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Recruiter of the Month
Monash Health
Bronwyn Coulton

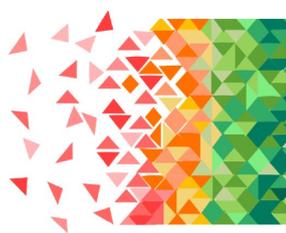
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MONASH UNIVERSITY

ReCAPS Clinician Newsletter



ReCAPS

SUPPORT AFTER STROKE

Changes:

We've recently had approval to modify the screening form to make it even quicker for those directly inputting screening data into REDCap.

A huge thank you to Marie Matanas, Natasha Bonanno and Bronwyn Coulton for generously giving up their time to test the new form on our behalf.

The patient brochure has been updated to reflect that the ReCAPS study is being conducted across Australia, as we will soon have active sites across 4 states and 1 territory.

The infographic has also been updated due to staffing changes in our central project office.

Please ensure you are using the most up-to-date ethics-approved version of each document. The new brochure and infographic will be available with the new screening form very soon. These 3 documents are currently being reviewed by a number of the governance offices. Once approved by all hospitals with existing SSA authorization they will be implemented on REDCap and delivered to you.

Eligibility:

We have a total of 16 participants in ReCAPS Phase III so far, but in fact 21 participants had been recruited:

- Two participants simply changed their mind once home and exercised their right to withdraw.
- However, three of the five participants unable to be randomized had ongoing cognitive and/or mental health issues. Unfortunately this meant that they weren't ideal candidates for ReCAPS.

It is essential that the patients approached are suitable candidates and fully understand what they are committing to, including 3 follow-up calls over 12 months and the 12 weeks of e-health messages.

Question Corner:

- ◆ Can patients visiting from overseas be recruited?

Unfortunately not, our ethics approval does not cover this and the tailored messages are specific to Australian services.

- ◆ I spoke to a patient who was very keen but they were discharged before I could gain their consent, what can I do?

If the person indicated interest to you, call them and see if they would be willing to attend a clinic where you can obtain their signature on the PICF and complete the baseline questionnaires.

- ◆ Can my patient's follow-up calls be done over video call?

Yes, in fact we successfully completed our first FACETIME call with a participant on Friday 31 January 2020